

# Interests

## Dee A. B. Weikle

### Service Learning

**National Service-Learning Clearing House:** [www.servicelearning.org/](http://www.servicelearning.org/)

*This is Learn and Serve's main site where you can find definitions of service learning, tips on how to get started, publications and examples of others already using service learning and a wealth of other information.*

**Engineering Projects in Community Service (EPICS):** <https://engineering.purdue.edu/EPICS/>

*This is the central site at Purdue. Find out about ongoing projects, conferences, and other universities participating in EPICS.*

### Yoga

**Bikram Yoga in Charlottesville:** <http://www.bikramyogacville.com/>

*This is the studio where I currently practice. 90 minutes of hot, sweaty bliss!*

**Integral Yoga:** <http://www.yogaville.org/integral-yoga/>

*This is the yoga style I trained in almost 20 years ago in Austin, Texas. I approach yoga as a compliment to my Christian belief system. Integral style hatha yoga is not as physically demanding as Bikram hatha yoga, but is also a very healthy and centering practice.*

### Running

*I don't run as much as I used to, but I still enjoy it now and then. My two favorite running links are:*

**Ragged Mountain Running Shop:** [www.raggedmountainrunning.com](http://www.raggedmountainrunning.com)

**Charlottesville Women's 4-Miler:** <http://www.dominiondigital.com/womens4miler/>

### Church

**Westminster Presbyterian Church Charlottesville:** <http://www.westminsterva.org/>

*My church home since 1993.*

**IMPACT (Interfaith Movement Promoting Action by Congregations Together)**

At Westminster: <http://www.westminsterva.org/impact.asp>

Main Site: <http://impactville.blogspot.com/>

## **National Parks**

*One of my family's favorite things to do is visit National Parks. We have been to many already, but recently vowed to start all over and visit them all. Here are a few we have been to already.*

Shenandoah National Park: <http://www.nps.gov/SHEN/index.htm>

<http://www.shenandoah.national-park.com/>

Arches National Park: <http://www.nps.gov/ARCH/index.htm>

Mesa Verde: <http://www.nps.gov/meve/index.htm>

Grand Teton: <http://home.nps.gov/grte/>

Grand Canyon: <http://www.nps.gov/grca/index.htm>

Yellowstone: <http://www.nps.gov/yell/index.htm>

Great Sand Dunes: <http://www.nps.gov/GRSA/index.htm>